## Limit Zero Run / Walk event - Saturday 19th March 2022

## The 22km

- Meet at Limit Zero at 8:00am.
- We will have a van, organised to pick you up and take you together as a group of 22km run / walkers to your starting position.
- Your starting position will be the Sign of the Kiwi, at the intersection of Dyers Pass Road and Summit Road.
- From there you will head East along the Summit Road to Rapaki Track. You will go down Rapaki Track right to the bottom, then take a left onto Centaurus Road. You will then follow this same Road, which changes to Wilsons Road, then Waltham Road, then Barbados Street, before eventually turning left onto Hereford Street. You will run through town to the end of Hereford Street then take a right onto Rolleston Ave by the Gardens. When you hit the Armagh Street intersection you will go left onto the Hagley Park trail, around North Hagley before turning right onto Fendalton Road. That will lead onto Memorial Ave, before taking a left onto Grahams Road and then finally a right onto Waimari Road which will bring you home to the Limit Zero finish line!
- · Roughly a total of 22km.
- · See the maps below for a better idea.
- This event will be started at roughly 9:00am, where you go your own pace through the route. The driver of the van will start you all and make sure you are all going well for the first few minutes before leaving.
- Blair will be waiting for you at the T intersection of Harper Ave, Fendalton Road and Deans Road (once you have done around 17km) to make sure you are doing well and to provide hydration.
- We will have chilly bag left there with your drinks in it. This will be locked to a tree which we will
  give you the code to incase your are in front of Blair at this point. Otherwise Blair will wait for
  everyone to pass by before leaving.



